

Birkenwäldchenlauf, 25. März 2012

Ergebnisliste 10 km

Platz	Platz AK	Nachname	Vorname	Jahrg	AK	Verein	Zeit	Rückstand	km-Schnitt
1	1	Schulze	Nico	1990	M	SCC Berlin	0:34:19,0	+ 00:00,0	3:25,9 min/km
2	1	Sponnar	Lennart	1980	M30	TSV GutsMuths 1861	0:34:30,0	+ 00:11,0	3:27,0 min/km
3	2	Hirt	Fabian	1988	M	Berliner LT Süd	0:34:46,0	+ 00:27,0	3:28,6 min/km
4	1	Leidig	Holger	1969	M40	Weltraumjogger Berlin	0:35:19,0	+ 01:00,0	3:31,9 min/km
5	2	Delsa	Anselm	1978	M30	LTC Berlin	0:35:46,0	+ 01:27,0	3:34,6 min/km
6	2	Haller	Olaf	1970	M40	KSV 90 Berlin	0:35:52,0	+ 01:33,0	3:35,2 min/km
7	3	Kaschensky	Sascha	1970	M40		0:36:13,0	+ 01:54,0	3:37,3 min/km
8	3	Wiessner	Enrico	1985	M	Pro Sport Berlin 24 e.V.	0:36:18,0	+ 01:59,0	3:37,8 min/km
9	4	Köpp	Pier	1991	M	Berliner TSC	0:36:24,0	+ 02:05,0	3:38,4 min/km
10	1	Jordi	Cuenca	1977	M35		0:36:30,0	+ 02:11,0	3:39,0 min/km
11	1	Braun	Reiner	1967	M45	SCC Berlin	0:36:52,0	+ 02:33,0	3:41,2 min/km
12	5	Blöß	Jan	1990	M		0:37:14,0	+ 02:55,0	3:43,4 min/km
13	1	Strümpel	Maximilian	1996	MJU18		0:37:22,0	+ 03:03,0	3:44,2 min/km
14	6	Eidhof	Chris	1985	M	Lexgroep	0:37:33,0	+ 03:14,0	3:45,3 min/km
15	2	Schumann	Winfried	1966	M45	TuS Neukölln Berlin	0:37:37,0	+ 03:18,0	3:45,7 min/km
16	1	Standring	Michael	1962	M50		0:37:44,0	+ 03:25,0	3:46,4 min/km
17	4	Löwenfosse	Markus	1968	M40	INA Berlin	0:37:51,0	+ 03:32,0	3:47,1 min/km
18	5	Kierzek	Thiemo	1971	M40	TSV GutsMuths 1861	0:37:52,0	+ 03:33,0	3:47,2 min/km
19	2	Ladwig	Marcus	1959	M50	KSV 90 Pankow	0:38:01,0	+ 03:42,0	3:48,1 min/km
20	3	Janssen	Heere	1960	M50	Berliner Turnerschaft	0:38:08,0	+ 03:49,0	3:48,8 min/km
21	4	Griepentrog	Tom	1961	M50	LC Ron Hill	0:38:12,0	+ 03:53,0	3:49,2 min/km
22	6	Keller	Holger	1969	M40		0:38:15,0	+ 03:56,0	3:49,5 min/km
23	3	Trebuth	Ralf	1965	M45	SSVL	0:38:18,0	+ 03:59,0	3:49,8 min/km
24	7	Spohn	Oliver	1969	M40	SCC Berlin	0:38:21,0	+ 04:02,0	3:50,1 min/km
25	3	Peyrot	Michael	1978	M30		0:38:26,0	+ 04:07,0	3:50,6 min/km
26	2	Georges	Frederic	1974	M35	PSB 24 Berlin	0:38:52,0	+ 04:33,0	3:53,2 min/km
27	1	Ciro	Cinieri	1957	M55	Italia-running-Berlin	0:39:05,0	+ 04:46,0	3:54,5 min/km
28	4	Tetzel	Jürgen	1965	M45	LC Ron Hill	0:39:12,0	+ 04:53,0	3:55,2 min/km
29	7	Blume	Karsten	1989	M	LG Buchsbaum	0:39:32,0	+ 05:13,0	3:57,2 min/km
30	5	Stenzel	Dierk	1961	M50	Sparta Schöneberg	0:39:33,0	+ 05:14,0	3:57,3 min/km
31	5	Jaenicke	Thomas	1966	M45	LG Süd Berlin	0:39:45,0	+ 05:26,0	3:58,5 min/km
32	6	Präger	Thomas	1966	M45		0:39:54,0	+ 05:35,0	3:59,4 min/km
33	8	Goll	Kai	1986	M		0:39:58,0	+ 05:39,0	3:59,8 min/km
34	9	Goll	Julian	1986	M		0:39:59,0	+ 05:40,0	3:59,9 min/km
35	7	Krahe	Alexander	1966	M45	Berliner Turnerschaft	0:40:01,0	+ 05:42,0	4:00,1 min/km
36	3	Düben	Ansgar	1976	M35	Berliner Turnerschaft	0:40:03,0	+ 05:44,0	4:00,3 min/km
37	8	Jabbusch	Robert	1966	M45		0:40:06,0	+ 05:47,0	4:00,6 min/km
38	9	Voigtländer	Thoralf	1963	M45	TVB 09	0:40:17,0	+ 05:58,0	4:01,7 min/km
39	8	Hunger	Alexander	1971	M40	WSV Berlin	0:40:19,0	+ 06:00,0	4:01,9 min/km
40	4	De Prest	Mathias	1978	M30	LG Mauerweg Berlin e.V.	0:40:24,0	+ 06:05,0	4:02,4 min/km
41	10	Werner	Sebastian	1986	M		0:40:33,0	+ 06:14,0	4:03,3 min/km
42	1	Lehmann	Lothar	1952	M60	LC Ron-Hill Berlin	0:40:38,0	+ 06:19,0	4:03,8 min/km
43	10	Flor	Siegfried	1963	M45		0:40:39,0	+ 06:20,0	4:03,9 min/km

44	11	Spiegel	Tobias	1986	M	Helden in Laufhosen	0:40:46,0	+ 06:27,0	4:04,6 min/km
45	2	Pätzig	Dirk	1956	M55	LC RON-HILL	0:40:47,0	+ 06:28,0	4:04,7 min/km
46	11	Sirin	Alper	1965	M45	Rote Socken e.V.	0:40:52,0	+ 06:33,0	4:05,2 min/km
47	1	Grießbach	Anne	1979	W30	LTC Berlin	0:40:58,0	+ 06:39,0	4:05,8 min/km
48	9	Lachmann	Tobias	1972	M40	KSV Ajax-Neptun Berlin	0:40:59,0	+ 06:40,0	4:05,9 min/km
49	1	Steinke	Annette	1965	W45	TSV GutsMuths 1861	0:41:00,0	+ 06:41,0	4:06,0 min/km
50	12	Gerlich	Edgar	1988	M		0:41:24,0	+ 07:05,0	4:08,4 min/km
51	12	Müller	Jörg	1966	M45		0:41:26,0	+ 07:07,0	4:08,6 min/km
52	4	Günther	Tobias	1977	M35	Berliner Turnerschaft	0:41:27,0	+ 07:08,0	4:08,7 min/km
53	3	Kernn	Uwe	1955	M55	LG Pegasos	0:41:34,0	+ 07:15,0	4:09,4 min/km
54	13	Hahn	Carsten	1965	M45	Team Tibet	0:41:43,0	+ 07:24,0	4:10,3 min/km
55	13	Bergau	Denes	1986	M	BSG Landesbank Berlin	0:41:45,0	+ 07:26,0	4:10,5 min/km
56	10	Hildebrandt	Gerald	1970	M40	Moving Targets Consulting	0:41:53,0	+ 07:34,0	4:11,3 min/km
57	5	Oestereich	Philipp	1981	M30		0:41:57,0	+ 07:38,0	4:11,7 min/km
58	14	Kautz	Dirk	1966	M45	Mahlower SV 1977	0:41:59,0	+ 07:40,0	4:11,9 min/km
59	15	Strümpel	Ludwig	1963	M45		0:42:03,0	+ 07:44,0	4:12,3 min/km
60	6	Daunheimer	Lars	1980	M30	dieBeweger.de	0:42:05,0	+ 07:46,0	4:12,5 min/km
61	16	Rosellen	Wilfried	1963	M45	SCB Berlin	0:42:07,0	+ 07:48,0	4:12,7 min/km
62	17	Goll	Steffen	1966	M45	PSB 24 Berlin	0:42:07,0	+ 07:48,0	4:12,7 min/km
63	18	Piontek	Bernd	1963	M45	RunIntoFuture	0:42:09,0	+ 07:50,0	4:12,9 min/km
64	6	Dziedzic	Andreas	1960	M50		0:42:13,0	+ 07:54,0	4:13,3 min/km
65	19	Naujock	Andreas	1966	M45	Roadrunner	0:42:23,0	+ 08:04,0	4:14,3 min/km
66	14	Jäkel	Eberhard-Christia	1983	M	1. FC Wacker Lankwitz 1921	0:42:33,0	+ 08:14,0	4:15,3 min/km
67	20	Labenz	Jens	1965	M45	LC Ron Hill	0:42:36,0	+ 08:17,0	4:15,6 min/km
68	1	Hunger	Marlene	1998	W14	WSV Berlin	0:42:39,0	+ 08:20,0	4:15,9 min/km
69	5	Jung	Lars	1973	M35	Läufer-Team Oker	0:42:43,0	+ 08:24,0	4:16,3 min/km
70	21	Oltmann	Peter	1964	M45	SCB Berlin	0:42:48,0	+ 08:29,0	4:16,8 min/km
71	7	Maier	Armin	1960	M50	Jelly Bears Berlin	0:42:51,0	+ 08:32,0	4:17,1 min/km
72	11	Weckowski	Milosz	1972	M40	parkläufer.de	0:42:54,0	+ 08:35,0	4:17,4 min/km
73	7	Schneider	Björn	1980	M30	FH Runners Berlin	0:42:54,0	+ 08:35,0	4:17,4 min/km
74	4	Naumann	Winfried	1956	M55	Berlin	0:43:31,0	+ 09:12,0	4:21,1 min/km
75	22	Lemke	Matthias	1967	M45	KSV 90 Pankow	0:43:45,0	+ 09:26,0	4:22,5 min/km
76	5	Bieling	Hans-Jürgen	1955	M55	die-lauf-abc-ler	0:43:50,0	+ 09:31,0	4:23,0 min/km
77	8	Oppatt	Frank	1958	M50	TVB 09 Berlin e.V.	0:44:07,0	+ 09:48,0	4:24,7 min/km
78	12	Emmerich	Ronny	1969	M40		0:44:19,0	+ 10:00,0	4:25,9 min/km
79	9	Zedel	Andre	1959	M50	KSV 90 Berlin-Pankow	0:44:22,0	+ 10:03,0	4:26,2 min/km
80	1	Jacobi	Birgit	1958	W50	SV Mahlow	0:44:26,0	+ 10:07,0	4:26,6 min/km
81	13	Gordon	Darren	1970	M40		0:44:45,0	+ 10:26,0	4:28,5 min/km
82	10	Olma	Michael	1961	M50		0:44:50,0	+ 10:31,0	4:29,0 min/km
83	6	Gromke	Michael	1974	M35	KSV90 Pankow	0:44:51,0	+ 10:32,0	4:29,1 min/km
84	23	Bonistalli	Franco	1964	M45		0:44:55,0	+ 10:36,0	4:29,5 min/km
85	11	Menschner	Uwe	1961	M50		0:44:57,0	+ 10:38,0	4:29,7 min/km
86	2	Schmidt	Dorina	1981	W30	TSV GutsMuths 1861	0:45:07,0	+ 10:48,0	4:30,7 min/km
87	15	Neuling	Karl	1987	M		0:45:08,0	+ 10:49,0	4:30,8 min/km
88	2	Scuda	Werner	1949	M60		0:45:10,0	+ 10:51,0	4:31,0 min/km
89	12	Schramm	Andreas	1962	M50	LC Ron-Hill Berlin	0:45:16,0	+ 10:57,0	4:31,6 min/km
90	7	Sturm	Jens	1977	M35	Bahnditos	0:45:25,0	+ 11:06,0	4:32,5 min/km
91	1	Becker	Claudia	1977	W35	Berliner Turnerschaft	0:45:28,0	+ 11:09,0	4:32,8 min/km
92	8	Illig	Rico	1977	M35		0:45:47,0	+ 11:28,0	4:34,7 min/km
93	3	Seidel	Herbert	1950	M60		0:45:56,0	+ 11:37,0	4:35,6 min/km

94	13	Wardius	Frank	1961	M50	F.C. Wiese Berlin	0:46:07,0	+ 11:48,0	4:36,7 min/km
95	24	Lüder	Steffen	1966	M45	LC Ron-Hill Berlin	0:46:14,0	+ 11:55,0	4:37,4 min/km
96	14	Moormann	Thomas	1968	M40		0:46:15,0	+ 11:56,0	4:37,5 min/km
97	25	van de Laar	Rick	1963	M45		0:46:24,0	+ 12:05,0	4:38,4 min/km
98	6	Stumpf	Gottfried	1957	M55		0:46:25,0	+ 12:06,0	4:38,5 min/km
99	15	Komode	Andreas	1970	M40		0:46:32,0	+ 12:13,0	4:39,2 min/km
100	14	Golombek	Manfred	1959	M50		0:46:38,0	+ 12:19,0	4:39,8 min/km
101	8	Engel	Bastian	1980	M30		0:46:41,0	+ 12:22,0	4:40,1 min/km
102	26	Thiele	Karsten	1965	M45	SV Mahlow	0:46:50,0	+ 12:31,0	4:41,0 min/km
103	27	Specht	Volker	1967	M45	LG Süd Berlin	0:46:55,0	+ 12:36,0	4:41,5 min/km
104	1	Gomoll	Ilka	1972	W40	LC Ron Hill	0:47:06,0	+ 12:47,0	4:42,6 min/km
105	7	Rymarowicz	Peter	1954	M55	LC Ron Hill	0:47:06,0	+ 12:47,0	4:42,6 min/km
106	15	Voß	Herbert	1958	M50		0:47:11,0	+ 12:52,0	4:43,1 min/km
107	8	Schmidt-Matt	Robert	1954	M55	FC Internationale	0:47:22,0	+ 13:03,0	4:44,2 min/km
108	16	von Uleniecki	Alexander	1968	M40	LG Mauerweg Berlin e.V.	0:47:23,0	+ 13:04,0	4:44,3 min/km
109	9	Margenweck	Ralf	1977	M35	forum Team	0:47:28,0	+ 13:09,0	4:44,8 min/km
110	1	Rinke	Dennis	1993	MJU20		0:47:34,0	+ 13:15,0	4:45,4 min/km
111	2	Ewald	Alke	1972	W40		0:47:35,0	+ 13:16,0	4:45,5 min/km
112	1	Kernn	Cordula	1957	W55	LG Pegasos	0:47:42,0	+ 13:23,0	4:46,2 min/km
113	9	Schneider	Hans-Joachim	1956	M55	FH Runners Berlin	0:47:46,0	+ 13:27,0	4:46,6 min/km
114	9	Kollock	Dr. Ronny	1978	M30	Die KamiKatzen	0:47:47,0	+ 13:28,0	4:46,7 min/km
115	2	Lünser	Katja	1976	W35		0:47:54,0	+ 13:35,0	4:47,4 min/km
116	10	Kayser	Karl-Wilhelm	1956	M55		0:48:00,0	+ 13:41,0	4:48,0 min/km
117	2	Balke	Cornelia	1965	W45	LG Mauerweg Berlin	0:48:02,0	+ 13:43,0	4:48,2 min/km
118	10	Fischer	Jan	1974	M35	Lauf mal wieder	0:48:06,0	+ 13:47,0	4:48,6 min/km
119	3	Pempe	Alina	1982	W30		0:48:16,0	+ 13:57,0	4:49,6 min/km
120	28	Oppatt	Torsten	1964	M45	Triathlonverein Berlin 09	0:48:28,0	+ 14:09,0	4:50,8 min/km
121	3	Bethge	Annette	1968	W40	Mahlsdorfer Wiesel	0:48:31,0	+ 14:12,0	4:51,1 min/km
122	11	Palm	Andreas	1973	M35	LT Bernd Hübner	0:48:33,0	+ 14:14,0	4:51,3 min/km
123	1	Klammt	Veronika	1984	W	Berliner Turnerschaft	0:48:41,0	+ 14:22,0	4:52,1 min/km
124	10	Falkenberg	Rainer	1980	M30		0:48:50,0	+ 14:31,0	4:53,0 min/km
125	16	Herz	Josef	1962	M50		0:49:01,0	+ 14:42,0	4:54,1 min/km
126	29	Matthes	Bodo	1964	M45	LC Ron-Hill-Berlin e.V.	0:49:03,0	+ 14:44,0	4:54,3 min/km
127	4	Kieselmann	Olga	1981	W30		0:49:05,0	+ 14:46,0	4:54,5 min/km
128	17	Drechsel	Michael-Josef	1961	M50	Sg Deutsche Bank Potsdam	0:49:08,0	+ 14:49,0	4:54,8 min/km
129	11	Pohl	Wolfgang	1957	M55		0:49:16,0	+ 14:57,0	4:55,6 min/km
130	12	Steiner	Wolfgang	1974	M35	La Piota	0:49:20,0	+ 15:01,0	4:56,0 min/km
131	4	Edzards	Gesa	1968	W40	Berliner Schneehasen	0:49:25,0	+ 15:06,0	4:56,5 min/km
132	18	Heger	Rainer	1958	M50		0:49:42,0	+ 15:23,0	4:58,2 min/km
133	5	Dannenberg	Rike	1979	W30		0:49:46,0	+ 15:27,0	4:58,6 min/km
134	1	Peters	Hans-Joachim	1940	M70	SG Grüne Trift	0:49:58,0	+ 15:39,0	4:59,8 min/km
135	1	Köpp	Sarah	1993	WJU20	Berliner TSC	0:50:08,0	+ 15:49,0	5:00,8 min/km
136	19	Wendtland	Michael	1958	M50		0:50:13,0	+ 15:54,0	5:01,3 min/km
137	2	Schwarz	Marion	1957	W55	LG Pegasos	0:50:16,0	+ 15:57,0	5:01,6 min/km
138	1	Madsen	Senna	1950	W60	multiatleterne	0:50:35,0	+ 16:16,0	5:03,5 min/km
139	5	Günnewig	Katja	1969	W40	LG Süd Berlin	0:50:36,0	+ 16:17,0	5:03,6 min/km
140	16	Lange	Julian	1987	M		0:50:37,0	+ 16:18,0	5:03,7 min/km
141	2	Christiansen	Tanja	1989	W	Running Berlin	0:51:01,0	+ 16:42,0	5:06,1 min/km
142	11	Lebtig	Carsten	1978	M30		0:51:05,0	+ 16:46,0	5:06,5 min/km
143	30	Kibelka	Armin	1965	M45	LT Bernd Hübner	0:51:07,0	+ 16:48,0	5:06,7 min/km

144	3	Skrbek	Elena	1985	W		0:51:10,0	+ 16:51,0	5:07,0 min/km
145	2	Schellenberg	Hans-Georg	1938	M70		0:51:18,0	+ 16:59,0	5:07,8 min/km
146	6	Pöschl	Anett	1969	W40	LG Mauerweg	0:51:24,0	+ 17:05,0	5:08,4 min/km
147	12	Schäfer	Lutz	1955	M55	BSV AdW Berlin	0:51:37,0	+ 17:18,0	5:09,7 min/km
148	3	Maltzahn	Kathrin	1964	W45	die-lauf-abc-ler	0:51:40,0	+ 17:21,0	5:10,0 min/km
149	17	Hoffmann	Holger	1969	M40	SCC Berlin	0:51:41,0	+ 17:22,0	5:10,1 min/km
150	4	Becker	Silke	1963	W45	SCC Berlin	0:51:46,0	+ 17:27,0	5:10,6 min/km
151	20	Zernicke	Bernhard	1960	M50		0:51:48,0	+ 17:29,0	5:10,8 min/km
152	2	Kegel	Sylvia	1960	W50	LC RON-HILL Berlin	0:51:51,0	+ 17:32,0	5:11,1 min/km
153	4	Palm	Udo	1949	M60		0:51:55,0	+ 17:36,0	5:11,5 min/km
154	2	Pfaffinger	Annemarie	1951	W60	Mahlower SV	0:52:19,0	+ 18:00,0	5:13,9 min/km
155	6	Rudolph	Franziska	1978	W30		0:52:36,0	+ 18:17,0	5:15,6 min/km
156	5	Kunicke	Marika	1966	W45	LT Bernd Hübner	0:52:45,0	+ 18:26,0	5:16,5 min/km
157	21	Lindwedel	Eckart	1959	M50		0:52:46,0	+ 18:27,0	5:16,6 min/km
158	4	Niethe	Katja	1985	W		0:52:48,0	+ 18:29,0	5:16,8 min/km
159	1	Brauer	Detlef	1944	M65	SCC Berlin	0:52:50,0	+ 18:31,0	5:17,0 min/km
160	3	Frost	Werner	1942	M70	PSB 24 Berlin	0:53:04,0	+ 18:45,0	5:18,4 min/km
161	31	Leuschner - Strycz	Ralf	1966	M45	LG Mauerweg Berlin e.V.	0:53:08,0	+ 18:49,0	5:18,8 min/km
162	1	Leuschner	Ingmar	1997	M15	LG Mauerweg Berlin e.V.	0:53:10,0	+ 18:51,0	5:19,0 min/km
163	22	Demke	Stephan	1959	M50	LRG Torpedo Berlin	0:53:39,0	+ 19:20,0	5:21,9 min/km
164	12	Buchien	Sven	1982	M30	Team Rummelsburger See	0:53:51,0	+ 19:32,0	5:23,1 min/km
165	4	Balke	Ingo	1939	M70	VfL Tegel 1891 e.V.	0:53:57,0	+ 19:38,0	5:23,7 min/km
166	23	Barth	Dieter	1958	M50		0:54:11,0	+ 19:52,0	5:25,1 min/km
167	1	Kongehl	Hilde	1943	W65	SCC Berlin	0:54:32,0	+ 20:13,0	5:27,2 min/km
168	3	Neumann	Barbara	1962	W50		0:54:33,0	+ 20:14,0	5:27,3 min/km
169	13	Reich	Ullrich	1955	M55	Telekom Hannover	0:54:33,0	+ 20:14,0	5:27,3 min/km
170	7	Hoffmann	Peter	1933	M75	TIB	0:54:35,0	+ 20:16,0	5:27,5 min/km
171	4	Schulz	Marion	1962	W50	die-lauf-abc-ler	0:54:43,0	+ 20:24,0	5:28,3 min/km
172	1	Krzonkalla	Peter	1937	M75	DJK Westen Berlin	0:55:10,0	+ 20:51,0	5:31,0 min/km
173	2	Pfaffinger	Bernd	1947	M65	LT Britzer Garten	0:55:11,0	+ 20:52,0	5:31,1 min/km
174	2	Wolf	Christa	1943	W65	Iscc run schleicher	0:55:13,0	+ 20:54,0	5:31,3 min/km
175	3	Senger	Heike	1974	W35		0:55:15,0	+ 20:56,0	5:31,5 min/km
176	4	Funke	Dorothea	1973	W35	SCC	0:55:19,0	+ 21:00,0	5:31,9 min/km
177	5	Hesselbach	Steffi	1976	W35		0:55:21,0	+ 21:02,0	5:32,1 min/km
178	7	Busch	Christine	1980	W30		0:55:23,0	+ 21:04,0	5:32,3 min/km
179	14	Vandcyk	Markus	1957	M55		0:55:40,0	+ 21:21,0	5:34,0 min/km
180	6	Möhr	Andrea	1965	W45	LAC Berlin	0:55:54,0	+ 21:35,0	5:35,4 min/km
181	3	Rudeck	Dorothea	1955	W55	LG Mauerweg Berlin e.V.	0:56:05,0	+ 21:46,0	5:36,5 min/km
182	24	Reichert	Bernd	1961	M50	Team Rummelsburger See	0:56:37,0	+ 22:18,0	5:39,7 min/km
183	15	Genetzky	Thomas	1956	M55		0:57:03,0	+ 22:44,0	5:42,3 min/km
184	6	Najorka	Yvette	1974	W35	IB42	0:57:16,0	+ 22:57,0	5:43,6 min/km
185	3	Matthes	Rainer	1945	M65		0:57:39,0	+ 23:20,0	5:45,9 min/km
186	4	Dehnert	Gerd	1946	M65		0:57:44,0	+ 23:25,0	5:46,4 min/km
187	8	Ummer	Ines	1968	W40	LC Ron Hill	0:58:15,0	+ 23:56,0	5:49,5 min/km
188	5	Behrendt	Kurt	1949	M60		0:59:35,0	+ 25:16,0	5:57,5 min/km
189	32	Schulze	Uwe-Gunther	1964	M45	TSV Karlshorst e.V.	0:59:52,0	+ 25:33,0	5:59,2 min/km
190	25	Drechsel	Klaus-Peter	1960	M50	SMAIDER	1:00:06,0	+ 25:47,0	6:00,6 min/km
191	13	Zeidler	Roy	1981	M30	Berliner Haie	1:00:11,0	+ 25:52,0	6:01,1 min/km
192	5	Sahan	Monique	1962	W50	LG Mauerweg Berlin e.V.	1:01:36,0	+ 27:17,0	6:09,6 min/km
193	7	Blume	Anke	1963	W45	LG Buchsbaum	1:02:05,0	+ 27:46,0	6:12,5 min/km

194	8	Lücken	Claudia	1982	W30	Team Erdinger Alkoholfrei	1:03:30,0	+ 29:11,0	6:21,0 min/km
195	13	Kruyskamp	Johannes	1949	M60		1:05:26,0	+ 31:07,0	6:32,6 min/km
196	2	Schulze	Horst	1934	M75	PSV Ahorn	1:06:45,0	+ 32:26,0	6:40,5 min/km
197	5	Wilhelm	Franziska	1987	W		1:11:33,0	+ 37:14,0	7:09,3 min/km
198	3	Uebelgünne	Detlef-Rüdiger	1933	M75	LG Pegasos Berlin	1:18:57,0	+ 44:38,0	7:53,7 min/km