

Strecke: 9000 m

| AK Platz | Name | Vorname | Verein | AK | Zielzeit | Jg | Stnr. |
|--------------------|-------------|------------|-----------------------------|---------------|-----------|------|-------|
| a.W. | Müller | Wolfram | LG Assics Pirna | Männer | (0:28:49) | 1981 | 945 |
| 1 | Engler | Jonas | LG Süd Berlin | Männer | 00:29:19 | 1985 | 343 |
| 2 | Krannich | Christian | LAC BERLIN | Männer | 00:29:53 | 1984 | 144 |
| 3 | Hintz | Marco | LEICHTATHLETIK CLUB COTTBUS | Männer | 00:30:04 | 1987 | 236 |
| 4 | Stifel | Jonas | LG Nord Berlin | Männer | 00:31:06 | 1980 | 960 |
| 4 | Löwa | Norbert | LG Nord Berlin | Männer | 00:31:06 | 1984 | 961 |
| 4 | Bubel | Niels | Berliner SV 1892 | Männer | 00:31:06 | 1987 | 7 |
| 7 | Höhne | André | SCC Berlin | Männer | 00:32:30 | 1978 | 946 |
| 8 | Karbe | Christian | ESV LOKOMOTIVE POTSDAM | Männer | 00:35:26 | 1975 | 59 |
| 9 | Görtz | Gregor | SG Schöneberg | Männer | 00:35:59 | 1978 | 947 |
| 10 | Hoffmann | Holger | SCC Berlin | Männer | 00:47:46 | 1969 | 958 |
| | Strauch | Martin | VFL NAUEN | Männer | | 1987 | 956 |
| | Weßlin | Ronald | VFL BRANDENBURG | Männer | | 1983 | 854 |
| | Schmidt | Dietmar | SV I.G.L. SCHÖNEICHE | Männer | | 1970 | 731 |
| | Hähnel | Hannes | SC FRANKFURT (O.) | Männer | | 1986 | 576 |
| | Zimmermann | Uwe | LUCKAUER LÄUFERBUND | Männer | | 1981 | 957 |
| | Delsa | Anselm | LTC Berlin | Männer | | 1978 | 391 |
| | Schlangen | Carsten | LG Nord Berlin | Männer | | 1980 | 959 |
| | Goineau | Volker | Berliner SV 1892 | Männer | | 1987 | 13 |
| Langstrecke Frauen | | | | | | | |
| 1 | Möldner | Antje | SC POTSDAM E.V. | Frauen | 00:24:13 | 1984 | 596 |
| 2 | Becker | Juliane | LAC QUELLE FÜ/MÜ/WÜ | Frauen | 00:24:54 | 1982 | 211 |
| 3 | Unterberger | Birgit | OSC Berlin | Frauen | 00:25:41 | 1976 | 490 |
| 4 | Neumann | Katrin | LEICHTATHLETIK CLUB COTTBUS | Frauen | 00:27:42 | 1982 | 234 |
| 5 | Neubauer | Patricia | POTSDAMER LAUFCLUB E.V. | Frauen | 00:28:50 | 1983 | 519 |
| 6 | Heinke | Nancy | OSC Berlin | Frauen | 00:29:41 | 1983 | 458 |
| 7 | Kulow | Anicó | Berliner Turnerschaft | Frauen | 00:30:03 | 1986 | 953 |
| 8 | Grießbach | Anne | OSC Berlin | Frauen | 00:30:14 | 1979 | 454 |
| 9 | Becker | Claudia | Berliner Turnerschaft | Frauen | 00:33:18 | 1977 | 951 |
| 10 | Herrmann | Jaqueline | Berliner Turnerschaft | Frauen | 00:37:59 | 1989 | 952 |
| 11 | Baumgart | Luzie | Berliner Turnerschaft | Frauen | 00:39:59 | 1985 | 950 |
| | Hentschel | Anja | SC FRANKFURT (O.) | Frauen | | 1975 | 568 |
| | Moch | Nevena | Berliner Turnerschaft | Frauen | | 1989 | 954 |
| | Scheer | Anna Klara | Berliner Turnerschaft | Frauen | | 1985 | 955 |
| Mittelstrecke | | | | | | | |
| 1. | Ewald | Sophie | LG Süd Berlin | wbl. Jugend A | 00:16:31 | 1989 | 344 |
| 2. | Brandt | Victoria | Berliner SC | wbl. Jugend A | 00:17:57 | 1989 | 3 |
| 3. | Paech | Franziska | LEICHTATHLETIK CLUB COTTBUS | wbl. Jugend A | 00:18:41 | 1988 | 235 |
| 4. | Kosanke | Lisa | SV STAHL HENNIGSDORF | wbl. Jugend A | 00:18:59 | 1989 | 766 |
| 5. | Preissler | Natalie | OSC Berlin | wbl. Jugend A | 00:19:07 | 1988 | 480 |
| 6. | Schrader | Jennifer | LAC BERLIN | wbl. Jugend A | 00:19:53 | 1989 | 184 |
| 7. | Sille | Ilka | Berliner SC | wbl. Jugend A | 00:20:31 | 1991 | 4 |
| 8. | Heinrich | Antje | SC POTSDAM E.V. | wbl. Jugend A | 00:20:32 | 1988 | 595 |
| 9. | Weber | Nora | Berliner SC | wbl. Jugend A | 00:21:25 | 1989 | 5 |
| 10. | Moegelin | Maya | LG Nord Berlin | wbl. Jugend A | 00:21:49 | 1990 | 304 |
| 11. | Patzer | Yasmin | LG Süd Berlin | wbl. Jugend A | 00:22:51 | 1989 | 373 |
| 12. | Smith | Heather | LG Nord Berlin | wbl. Jugend A | 00:23:10 | 1989 | 326 |
| 13. | Kluckert | Angela | LG Nord Berlin | wbl. Jugend A | 00:26:12 | 1988 | 293 |
| | Sommer | Romina | LAC BERLIN | wbl. Jugend A | | 1989 | 192 |
| 1. | Schlangen | Carsten | LG Nord Berlin | Männer | 00:13:29 | 1980 | 316 |
| 2. | Stifel | Jonas | LG Nord Berlin | Männer | 00:13:34 | 1980 | 328 |
| 3. | Löwa | Norbert | LG Nord Berlin | Männer | 00:13:38 | 1984 | 299 |
| 4. | Markowski | Matti | OSC Berlin | Männer | 00:14:05 | 1988 | 474 |
| 5. | Höft | Moritz | LG Nord Berlin | Männer | 00:14:25 | 1980 | 289 |
| 6. | Riewe | Johannes | LG Nord Berlin | Männer | 00:14:26 | 1986 | 313 |
| 7. | Heidenreich | Micha | OSC Berlin | Männer | 00:14:31 | 1987 | 457 |
| 8. | Gerig | Sebastian | LAC BERLIN | Männer | 00:14:34 | 1984 | 129 |
| 9. | Theimer | Franz | LG Nord Berlin | Männer | 00:14:36 | 1981 | 330 |
| 10. | Lerch | Peter | LAC BERLIN | Männer | 00:14:37 | 1983 | 150 |
| 11. | Haschke | Franek | LG Nord Berlin | Männer | 00:14:44 | 1980 | 285 |
| 11. | Strempler | Sebastian | Berliner SV 1892 | Männer | 00:14:44 | 1983 | 21 |
| 13. | Leineweber | Hubert | OSC Berlin | Männer | 00:14:49 | 1969 | 470 |
| 14. | Freudenau | Jens | LC Rapid Dortmund | Männer | 00:14:51 | 1969 | 216 |

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|-----|-----------------|--------------|--------------------------------|---------------|----------|------|-----|
| 15. | Rose | Merlin | LG Nord Berlin | Männer | 00:15:13 | 1987 | 315 |
| 16. | Pranckus | Egidijus | SC Brandenburg Berlin | Männer | 00:15:27 | 1980 | 560 |
| 17. | Nitzschke | Daniel | LAC BERLIN | Männer | 00:15:29 | 1986 | 158 |
| 18. | Sperling | Christian | OSC Berlin | Männer | 00:15:51 | 1979 | 488 |
| 19. | Biallas | Tilman M.-C. | LG NIKE BERLIN | Männer | 00:16:14 | 1986 | 263 |
| 20. | Kirchner | Kai-Markus | LG Nord Berlin | Männer | 00:16:22 | 1985 | 292 |
| 21. | Kollednigg | Timo | OSC Berlin | Männer | 00:16:26 | 1981 | 468 |
| 22. | Neumann | Sven-Thorber | OSC Berlin | Männer | 00:16:32 | 1988 | 477 |
| 23. | Michel | Jan | VFL BRANDENBURG | Männer | 00:16:57 | 1975 | 855 |
| 24. | Rathenow | Jann | POTSDAMER LAUFCLUB E.V. | Männer | 00:17:32 | 1985 | 513 |
| 25. | Mehamdioua | Nasim | OSC Berlin | Männer | 00:17:43 | 1986 | 475 |
| 26. | Leopold | Stefan | OSC Berlin | Männer | 00:17:49 | 1976 | 471 |
| 27. | Strauch | Martin | VFL NAUEN | Männer | 00:20:30 | 1987 | 866 |
| 28. | Richter | Philipp | LG Süd Berlin | Männer | 00:20:35 | 1978 | 378 |
| 29. | Hoffmann | Holger | SCC Berlin | Männer | 00:23:28 | 1969 | 610 |
| | Lützenberger | Marco | SCC Berlin | Männer | | 1980 | 612 |
| | Zimmermann | Uwe | LUCKAUER LÄUFERBUND | Männer | | 1981 | 948 |
| | Schäfer | Arthur | LG Nord Berlin | Männer | | 1983 | 321 |
| | Killat | Jens | CAPUTHER SV 1881 | Männer | | 1979 | 54 |
| | | | | | | | |
| 1. | Rogge | Barbara | OSC Berlin | W35 | 00:20:09 | 1968 | 483 |
| 2. | Bauer | Viola | SV "LINDE" SCHÖNEWALDE | W35 | 00:21:16 | 1972 | 696 |
| 3. | Schlicker | Ellen | VFL BRANDENBURG | W35 | 00:21:17 | 1969 | 842 |
| 4. | Gomoll | Ilka | LC Ron-Hill Berlin | W35 | 00:21:29 | 1972 | 217 |
| 5. | Kempfer | Claudia | Kissingen SV Berlin | W35 | 00:21:50 | 1968 | 78 |
| 6. | Rozanowske | Annett | SC FRANKFURT (O.) | W35 | 00:27:01 | 1968 | 569 |
| 7. | Wojdziak | Christiane | SV I.G.L. SCHÖNEICHE | W35 | 00:28:59 | 1969 | 732 |
| | Dech | Christine | VFL RATHENOW | W35 | | 1969 | 873 |
| | | | | | | | |
| 1. | Ungewickell | Antje | LTC Berlin | W40 | 00:18:58 | 1967 | 394 |
| 2. | Edler | Manuela | OSC Berlin | W40 | 00:19:27 | 1963 | 446 |
| 3. | Hunneshagen | Birgit | OSC Berlin | W40 | 00:19:44 | 1964 | 461 |
| 4. | Pallesche | Kathrin | Kissingen SV Berlin | W40 | 00:22:31 | 1965 | 83 |
| 5. | Kliem | Anita | Kissingen SV Berlin | W40 | 00:23:17 | 1967 | 79 |
| | Kegel | Sylvia | LC Ron-Hill Berlin | W40 | | 1960 | 218 |
| | | | | | | | |
| 1. | Ehebrecht | Angelika | POTSDAMER LAUFCLUB E.V. | W45 | 00:18:44 | 1959 | 518 |
| 2. | Kühne | Deana | OSC Berlin | W45 | 00:20:20 | 1960 | 469 |
| 3. | Sittek | Christine | LC Ron-Hill Berlin | W45 | 00:21:10 | 1961 | 222 |
| 4. | Emele-Geyer | Andrea | LG Süd Berlin | W45 | 00:22:14 | 1962 | 342 |
| 5. | Paape | Karin | LG Süd Berlin | W45 | 00:23:25 | 1958 | 372 |
| 6. | Layden | Tanya | SC Brandenburg Berlin | W45 | 00:25:37 | 1962 | 558 |
| 7. | Skiebe-Corrette | Petra | SC Brandenburg Berlin | W45 | 00:25:48 | 1960 | 563 |
| | Mikolajski | Katrin | VfL Tegel | W45 | | 1960 | 894 |
| | Gensel | Petra | LEICHTATHLETHIK-CLUB JÜTERBOCK | W45 | | 1961 | 233 |
| | | | | | | | |
| 1. | Geiger | Maria | SC Brandenburg Berlin | W50 | 00:21:57 | 1954 | 555 |
| 2. | Fenner-Kreutzj | Angelika | OSC Berlin | W50 | 00:21:58 | 1954 | 447 |
| 3. | Rennung | Bärbel | PSB 24 Berlin | W50 | 00:22:24 | 1955 | 537 |
| 4. | Lee | Gayle | SC Brandenburg Berlin | W50 | 00:23:15 | 1955 | 559 |
| 5. | Stüber | Petra | LG Süd Berlin | W50 | 00:24:47 | 1956 | 383 |
| 6. | Scott-Kellermei | Lucinda | SC Brandenburg Berlin | W50 | 00:25:36 | 1955 | 562 |
| | Lups | Heike | POTSDAMER LAUFCLUB E.V. | W50 | | 1957 | 523 |
| | | | | | | | |
| 1. | Westphal | Elisabeth | OSC Berlin | W55 | 00:19:56 | 1951 | 495 |
| 2. | Sarasa | Marion | OSC Berlin | W55 | 00:21:32 | 1952 | 485 |
| 3. | Göthel | Gisela | LG MÄRKISCH ODERLAND | W55 | 00:23:04 | 1950 | 255 |
| | Bould | Carole | Spiridon Berlin | W55 | | 1951 | 671 |
| | | | | | | | |
| 1. | Frederiks | Rona | OSC Berlin | W65 | 00:20:40 | 1940 | 453 |
| | | | | | | | |
| 1 | Brosius | Hagen | POTSDAMER LAUFCLUB E.V. | mnf. Jugend A | 00:20:53 | 1988 | 517 |
| 2 | Krebs | Robert | LG NIKE BERLIN | mnf. Jugend A | 00:21:04 | 1989 | 266 |
| 3 | Alpen | Marcus | LAC BERLIN | mnf. Jugend A | 00:21:21 | 1988 | 104 |
| 4 | Clarkson | Fabian | Berliner SV 1892 | mnf. Jugend A | 00:21:56 | 1990 | 9 |
| 5 | Hudak | Alexander | LG Nord Berlin | mnf. Jugend A | 00:22:24 | 1988 | 288 |
| 6 | Blume | Karsten | LG Nord Berlin | mnf. Jugend A | 00:23:01 | 1989 | 272 |
| 7 | Helms | Daniel | LG Nord Berlin | mnf. Jugend A | 00:23:44 | 1988 | 286 |
| 8 | Deboy | George | SC POTSDAM E.V. | mnf. Jugend A | 00:23:57 | 1989 | 586 |

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| 9 | Wohlgemuth | Robert | LAC BERLIN | mnf. Jugend A | 00:24:21 | 1988 | 207 |
| 10 | Zottmann | Michel | VfV Spandau | mnf. Jugend A | 00:24:51 | 1989 | 908 |
| 11 | Roschinsky | Christoph | LG NIKE BERLIN | mnf. Jugend A | 00:24:52 | 1989 | 267 |
| 12 | Schoenig | Michael | ESV LOKOMOTIVE POTSDAM | mnf. Jugend A | 00:26:14 | 1988 | 57 |
| 13 | Fischer | Lukas | LAC BERLIN | mnf. Jugend A | 00:26:29 | 1989 | 122 |
| 14 | Schrader | André | LAC BERLIN | mnf. Jugend A | 00:28:04 | 1989 | 185 |
| 15 | Schulze | Patrick | LAC BERLIN | mnf. Jugend A | 00:28:36 | 1989 | 188 |
| | Presia | Christopher | SC POTSDAM E.V. | mnf. Jugend A | | 1989 | 587 |
| | Kanthack | Martin | ESV LOKOMOTIVE POTSDAM | mnf. Jugend A | | 1988 | 58 |
| | | | | | | | |
| 1 | Yassini | Sassan | LTC Berlin | M40 | 00:23:23 | 1967 | 397 |
| 2 | Bauer | Albrecht | VFL BRANDENBURG | M40 | 00:23:36 | 1964 | 856 |
| 3 | Reif | Jens | LG Süd Berlin | M40 | 00:24:04 | 1966 | 377 |
| 4 | Ungewickell | Horst | LTC Berlin | M40 | 00:24:51 | 1963 | 395 |
| 5 | Bauer | Andreas | ESV LOKOMOTIVE POTSDAM | M40 | 00:25:11 | 1964 | 60 |
| 6 | Milke | Ralf | PSB 24 Berlin | M40 | 00:25:19 | 1965 | 536 |
| 7 | Dech | Kai-Holger | VFL RATHENOW | M40 | 00:25:36 | 1965 | 874 |
| 8 | Paul | Frank | TuS Neukölln | M40 | 00:25:40 | 1966 | 839 |
| 9 | Groth | Dr.Detlef | CAPUTHER SV 1881 | M40 | 00:25:42 | 1965 | 55 |
| 10 | Landgraf | René | TuS Neukölln | M40 | 00:26:07 | 1963 | 836 |
| 11 | Bröcker-Wätze | Ingo | SC POTSDAM E.V. | M40 | 00:26:25 | 1966 | 588 |
| 12 | Oltmanns | Peter | OSC Berlin | M40 | 00:29:05 | 1964 | 478 |
| 13 | Lemke | Matthias | Kissingen SV Berlin | M40 | 00:29:18 | 1967 | 81 |
| 14 | Baumbach | Stefan | Kissingen SV Berlin | M40 | 00:29:27 | 1967 | 73 |
| 15 | Ladwig | Peter | LG Süd Berlin | M40 | 00:31:11 | 1964 | 367 |
| | Eberhardt | Wolfgang | Kissingen SV Berlin | M40 | | 1965 | 75 |
| | Preuß | Frank | Kissingen SV Berlin | M40 | | 1966 | 84 |
| | Blumenthal | Volker | LTC Berlin | M40 | | 1963 | 389 |
| | Kautz | Michael | Polizei SV Berlin | M40 | | 1965 | 499 |
| | Franke | Mike | VFL NAUEN | M40 | | 1967 | 871 |
| | | | | | | | |
| 1 | Böttge | Olaf | LTC Berlin | M45 | 00:23:03 | 1962 | 390 |
| 2 | Matthews | Johannes | POTSDAMER LAUFCLUB E.V. | M45 | 00:24:20 | 1962 | 515 |
| 3 | Wiedemann | Frank | TuS Neukölln | M45 | 00:25:01 | 1960 | 840 |
| 4 | Ladwig | Marcus | Kissingen SV Berlin | M45 | 00:25:25 | 1959 | 80 |
| 5 | Voigt | Hartmut | LTC Berlin | M45 | 00:26:00 | 1962 | 396 |
| 6 | Schwarz | Andreas | POTSDAMER LAUFCLUB E.V. | M45 | 00:26:34 | 1960 | 530 |
| 7 | Mohr | Uwe | LC Ron-Hill Berlin | M45 | 00:26:50 | 1958 | 219 |
| 8 | Heinrich | Bernd | LUDWIGSFELDER LEICHTATHLETEN | M45 | 00:26:51 | 1962 | 418 |
| 9 | Brosius | Burkhard | POTSDAMER LAUFCLUB E.V. | M45 | 00:27:07 | 1962 | 516 |
| 10 | Janssen | Heere | Berliner Turnerschaft | M45 | 00:27:08 | 1960 | 29 |
| 11 | Rämisch | Bertold | LG Süd Berlin | M45 | 00:27:58 | 1958 | 379 |
| 12 | Schmidt | Uwe | Kissingen SV Berlin | M45 | 00:28:16 | 1960 | 86 |
| 13 | Dabel | Wolfgang | LG Süd Berlin | M45 | 00:28:45 | 1962 | 337 |
| 14 | Rymarowicz | Peter | LC Ron-Hill Berlin | M45 | 00:28:56 | 1954 | 223 |
| 15 | Schramm | Andreas | LC Ron-Hill Berlin | M45 | 00:28:59 | 1962 | 221 |
| 16 | Stüber | Reinhard | LG Süd Berlin | M45 | 00:29:00 | 1958 | 384 |
| 17 | Hennig | Wolf-Rüdiger | Kissingen SV Berlin | M45 | 00:29:12 | 1958 | 77 |
| 18 | Krüger | Dirk | CAPUTHER SV 1881 | M45 | 00:29:45 | 1960 | 56 |
| 19 | Janiszewski | Günther | BSG STAHL EISENHÜTTENSTADT | M45 | 00:30:29 | 1958 | 49 |
| | Zedel | Andre | Kissingen SV Berlin | M45 | | 1959 | 87 |
| | Kupka | Raimund | SV STAHL HENNIGSDORF | M45 | | 1959 | 777 |

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|----|---------------|--------------|-----------------------------|-----|----------|------|-----|
| 1 | Beyer | Olaf | POTSDAMER LAUFCLUB E.V. | M50 | 00:24:12 | 1957 | 512 |
| 2 | Pätzig | Dirk | LC Ron-Hill Berlin | M50 | 00:25:45 | 1956 | 220 |
| 3 | Neumann | Helmut | Kissingen SV Berlin | M50 | 00:26:03 | 1953 | 82 |
| 4 | Hertel | Klaus | PSB 24 Berlin | M50 | 00:26:44 | 1956 | 532 |
| 5 | Hanold | Rolf | Kissingen SV Berlin | M50 | 00:27:08 | 1955 | 76 |
| 6 | Deutschmann | Frank | SC Brandenburg Berlin | M50 | 00:27:29 | 1954 | 553 |
| 7 | Lewanzik | Günter | PSB 24 Berlin | M50 | 00:27:59 | 1953 | 534 |
| 8 | Behnke | Detlef | Kissingen SV Berlin | M50 | 00:29:34 | 1955 | 74 |
| 9 | Linder | Wolfgang | LAUF & WANDERVEREIN POTSDAM | M50 | 00:29:52 | 1956 | 212 |
| 10 | Krüger | Wilfried | LG MÄRKISCH ODERLAND | M50 | 00:30:46 | 1954 | 254 |
| 11 | Ganseforth | Martin | SC Brandenburg Berlin | M50 | 00:31:27 | 1957 | 554 |
| | Kreemke | Wolfgang | ESV LOKOMOTIVE POTSDAM | M50 | | 1955 | 61 |
| 1 | Schulz | Gerald | LAC BERLIN | M55 | 00:25:16 | 1952 | 189 |
| 2 | Engert | Reinhardt | SV STAHL HENNIGSDORF | M55 | 00:26:48 | 1950 | 778 |
| 3 | Krause | Harry | LTC Berlin | M55 | 00:27:05 | 1950 | 392 |
| 4 | Specht | Bernd | SC Brandenburg Berlin | M55 | 00:27:17 | 1948 | 564 |
| 5 | Hoff | Karl-Heinz | LAUF & WANDERVEREIN POTSDAM | M55 | 00:27:46 | 1952 | 215 |
| 6 | Nieswand | Holger | LAUF & WANDERVEREIN POTSDAM | M55 | 00:30:09 | 1952 | 214 |
| 7 | Hähnel | Michael | LG Süd Berlin | M55 | 00:32:35 | 1948 | 360 |
| 8 | Eberle | Bernd-Ulrich | LG Süd Berlin | M55 | 00:34:31 | 1950 | 339 |
| | Haase | Peter | SC Brandenburg Berlin | M55 | | 1951 | 556 |
| 1 | Stephan | Manfred | LTC Berlin | M60 | 00:27:01 | 1945 | 393 |
| 2 | Kretschmer | Manfred | PSB 24 Berlin | M60 | 00:28:03 | 1946 | 533 |
| 3 | Becker | Ulrich | ESV LOKOMOTIVE POTSDAM | M60 | 00:28:11 | 1946 | 62 |
| 4 | Butgereit | Bernd | ESV LOKOMOTIVE POTSDAM | M60 | 00:28:47 | 1945 | 63 |
| 5 | Köhnke | Wilfried | Polizei SV Berlin | M60 | 00:29:28 | 1947 | 500 |
| 6 | Kellermann | Günter | ESV LOKOMOTIVE POTSDAM | M60 | 00:31:31 | 1944 | 64 |
| 7 | Betsch | Michael | PSB 24 Berlin | M60 | 00:32:55 | 1944 | 531 |
| 8 | Neustadt | Volker | SC Siemensstadt Berlin | M60 | 00:33:59 | 1943 | 601 |
| 9 | Scheer | Jonny | SC Siemensstadt Berlin | M60 | 00:34:06 | 1946 | 603 |
| 10 | Rodwell | David James | SC Siemensstadt Berlin | M60 | 00:38:56 | 1947 | 602 |
| | Schendel | Dieter | Kissingen SV Berlin | M60 | | 1943 | 85 |
| | Hemmer | Reinhard | SC Brandenburg Berlin | M60 | | 1946 | 557 |
| 1 | Segebart | Dieter | PSB 24 Berlin | M65 | 00:29:24 | 1941 | 538 |
| 2 | Brock | Gerhard | POTSDAMER LAUFCLUB E.V. | M65 | 00:29:32 | 1939 | 514 |
| 3 | Beyer | Konrad | TuS Neukölln | M65 | 00:30:07 | 1942 | 831 |
| 4 | Heilmann | Horst | KLEINMACHNOWER LAUF CLUB | M65 | 00:30:48 | 1939 | 88 |
| 5 | Hallas | Günter | LG Nord Berlin | M65 | 00:30:59 | 1942 | 283 |
| 6 | Hoffmann | Achim | LG Süd Berlin | M65 | 00:32:23 | 1941 | 359 |
| 7 | Rohmann | Reinhard | LAC BERLIN | M65 | 00:33:17 | 1938 | 176 |
| 8 | Müller | Kurt | SC Siemensstadt Berlin | M65 | 00:36:42 | 1938 | 600 |
| | Gaedtke | Rainer | LG Süd Berlin | M65 | | 1940 | 349 |
| | Gast | Erwin | LG Süd Berlin | M65 | | 1941 | 350 |
| | Knacke | Hans-Jürgen | LG Süd Berlin | M65 | | 1941 | 363 |
| | Kollstedt | Hans-Jürgen | LG Süd Berlin | M65 | | 1941 | 364 |
| 1 | Ludwig | Günter | PSB 24 Berlin | M70 | 00:33:40 | 1936 | 535 |
| 2 | Linke | Günter | SV I.G.L. SCHÖNEICHE | M70 | 00:33:44 | 1936 | 730 |
| 3 | Krzonkalla | Peter | LG Süd Berlin | M70 | 00:35:42 | 1937 | 366 |
| 4 | Staacks | Egon | LAC BERLIN | M70 | 00:38:18 | 1937 | 195 |
| 5 | Goerke | Herbert | LAC BERLIN | M70 | 00:38:23 | 1937 | 130 |
| | Scheidereiter | Horst | SC Brandenburg Berlin | M70 | | 1935 | 561 |

Mittelstrecke Frauen

| | | | | | | | |
|----|------------|------------|-----------------------|--------|----------|------|-----|
| 1. | Trauth | Katrin | SC POTSDAM E.V. | Frauen | 00:12:10 | 1984 | 597 |
| 2. | Buchhauser | Mares | Berliner SV 1892 | Frauen | 00:13:08 | 1986 | 8 |
| 3. | Müller | Maria | SC POTSDAM E.V. | Frauen | 00:14:14 | 1986 | 598 |
| 4. | Kulow | Anicó | Berliner Turnerschaft | Frauen | 00:15:33 | 1986 | 31 |
| 5. | Falke | Iris | LG Süd Berlin | Frauen | 00:16:59 | 1982 | 345 |
| 6. | Fischer | Sarah | LAC BERLIN | Frauen | 00:17:33 | 1986 | 121 |
| | Baumgart | Luzie | Berliner Turnerschaft | Frauen | | 1985 | 24 |
| | Becker | Claudia | Berliner Turnerschaft | Frauen | | 1977 | 25 |
| | Herrmann | Jaqueline | Berliner Turnerschaft | Frauen | | 1989 | 28 |
| | Moch | Nevena | Berliner Turnerschaft | Frauen | | 1989 | 32 |
| | Scheer | Anna Klara | Berliner Turnerschaft | Frauen | | 1985 | 37 |
| | Hentschel | Anja | SC FRANKFURT (O.) | Frauen | | 1975 | 568 |