

KIESER Cross LG Süd für Berlin-Cup nach AK

| Platz | PLM | PLW | Name | Vorname | AK | PLAK | Verein | Streck | Leistung |
|-------|-----|-----|---------------|--------------|-------|------|--------------------------|--------|----------|
| 1 | 1 | | Barsig | Jonas | MJ U1 | 1 | Berlin | 5 km | 00:19:23 |
| 5 | 5 | | Plöttner | Robert | MJ U2 | 1 | Berliner Turnerschaft | 5 km | 00:23:19 |
| 8 | 6 | | Weber | Moriz | MJ U2 | 2 | LG Süd Berlin | 5 km | 00:25:38 |
| 6 | | 1 | Butz | Nele | WJ U1 | 1 | LG Süd Berlin | 5 km | 00:24:11 |
| 12 | | 6 | Kirchner | Ella | WJ U2 | 1 | KLT Vlotho | 5 km | 00:28:53 |
| 1 | 1 | | Lehmberg | Marcel | MHK | 1 | Erfurter LAC | 10 km | 00:34:59 |
| 2 | 2 | | Wegener | Gerrit | M 30 | 1 | Die Laufpartner | 10 km | 00:35:10 |
| 3 | 3 | | Schäfer | Samalya | M 30 | 2 | Die Laufpartner | 10 km | 00:37:11 |
| 8 | 8 | | Schwartz | Matthias | M 30 | 3 | Berliner Turnerschaft | 10 km | 00:39:38 |
| 4 | 4 | | Sponar | Lennart | M 35 | 1 | Die Laufpartner | 10 km | 00:37:36 |
| 7 | 7 | | Vandrey | Andreas | M 35 | 2 | SCC Berlin | 10 km | 00:39:28 |
| 41 | 37 | | Fruth | Sven | M 35 | 5 | Berliner Turnerschaft | 10 km | 00:46:19 |
| 56 | 50 | | Vetter | Jesco Lorenz | M 35 | 6 | Berlin | 10 km | 00:48:37 |
| 60 | 53 | | Weiser | Matthias | M 35 | 7 | LG Mauerweg Berlin | 10 km | 00:49:11 |
| 70 | 61 | | Uzelac | Igor | M 35 | 8 | BSG Berliner Sparkasse | 10 km | 00:51:45 |
| 6 | 6 | | Böttcher | Ingo | M 40 | 1 | Berlin | 10 km | 00:39:20 |
| 18 | 16 | | Gbur | Andreas | M 40 | 2 | Die Laufpartner | 10 km | 00:42:28 |
| 30 | 27 | | Oberthür | Alexander | M 40 | 3 | Pro Sport 24 Berlin | 10 km | 00:45:14 |
| 33 | 30 | | Christopoulos | Alexander | M 40 | 4 | Berlin Wilmersdorf | 10 km | 00:45:21 |
| 36 | 32 | | Arendt | Boris | M 40 | 5 | LG Mauerweg Berlin | 10 km | 00:45:32 |
| 47 | 42 | | Kruhl-Habakuk | Olaf | M 40 | 6 | Lichtenfelde | 10 km | 00:47:17 |
| 63 | 55 | | Haase | Enver | M 40 | 7 | infraLeap UK | 10 km | 00:49:35 |
| 92 | 71 | | Raffel | Wolf-Ulrich | M 40 | 8 | Lichtenrader Löwen | 10 km | 00:55:55 |
| 5 | 5 | | Haller | Olaf | M 45 | 1 | KSV 90 Pankow | 10 km | 00:38:23 |
| 11 | 11 | | Druska | Frank | M 45 | 2 | TV 06 Thalmässing | 10 km | 00:40:23 |
| 14 | 14 | | Krahe | Alexander | M 45 | 3 | Berliner Turnerschaft | 10 km | 00:41:35 |
| 17 | 15 | | Kautz | Dirk | M 45 | 4 | SCC Berlin | 10 km | 00:42:20 |
| 29 | 26 | | Walla | Stefan | M 45 | 5 | Berlin | 10 km | 00:45:07 |
| 38 | 34 | | Henke | Thomas | M 45 | 6 | Berlin | 10 km | 00:45:46 |
| 39 | 35 | | Lemke | Matthias | M 45 | 7 | KSV 90 Pankow | 10 km | 00:46:03 |
| 42 | 38 | | Haas | Michael | M 45 | 8 | Schöneberger Inselläufer | 10 km | 00:46:31 |
| 43 | 39 | | Garbe | Marc-Stephan | M 45 | 9 | TSV Wittenau-Fechten | 10 km | 00:46:36 |
| 45 | 40 | | Emmerich | Ronny | M 45 | 10 | emmirunners | 10 km | 00:47:08 |
| 54 | 48 | | Nanni | Dirk | M 45 | 11 | Die Laufpartner | 10 km | 00:48:11 |
| 61 | 54 | | Albrecht | Lars | M 45 | 12 | Berlin Heroes | 10 km | 00:49:31 |
| 66 | 57 | | Frohnmeier | Holger | M 45 | 13 | Die Laufpartner | 10 km | 00:50:01 |
| 67 | 58 | | Christian | Matthias | M 45 | 14 | Schneckenpost | 10 km | 00:50:03 |
| 69 | 60 | | Specht | Volker | M 45 | 15 | LG Süd Berlin | 10 km | 00:50:25 |
| 84 | 66 | | Kretschmar | Thomas | M 45 | 16 | Berlin | 10 km | 00:54:32 |
| 9 | 9 | | Standring | Michael | M 50 | 1 | LC RON-HILL Berlin | 10 km | 00:39:38 |
| 10 | 10 | | Tetzel | Jürgen | M 50 | 2 | LC RON-HILL Berlin | 10 km | 00:40:03 |
| 19 | 17 | | Dermitzel | René | M 50 | 3 | OSC Berlin | 10 km | 00:43:13 |
| 24 | 21 | | Menschner | Uwe | M 50 | 4 | KSV 90 Pankow | 10 km | 00:44:16 |
| 25 | 22 | | Labenz | Jens | M 50 | 5 | LC RON-HILL Berlin | 10 km | 00:44:39 |
| 31 | 28 | | Stelzl | Maximilian | M 50 | 6 | bewegdicheV | 10 km | 00:45:15 |
| 32 | 29 | | Piontek | Bernd | M 50 | 7 | SCC Berlin | 10 km | 00:45:19 |
| 34 | 31 | | Hahn | Carsten | M 50 | 8 | Team Tibet | 10 km | 00:45:30 |
| 40 | 36 | | Oltmanns | Peter | M 50 | 9 | SCB Berlin | 10 km | 00:46:14 |

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| Platz | PLM | PLW | Name | Vorname | AK | PLAK | Verein | Streck | Leistung |
|-------|-----|-----|--------------|-------------|------|------|--------------------------|--------|----------|
| 48 | 43 | | Gentsch | Wolfgang | M 50 | 10 | Polizei SV Berlin | 10 km | 00:47:39 |
| 68 | 59 | | Stuckwisch | Holger | M 50 | 11 | VfL Tegel | 10 km | 00:50:03 |
| 93 | 72 | | Fliss | Andreas | M 50 | 12 | LG Pegaos Berlin | 10 km | 00:55:58 |
| 100 | 77 | | Kaiser | Michael | M 50 | 13 | BSG Berliner Bank | 10 km | 00:58:31 |
| 111 | 85 | | Strack | Olaf | M 50 | 14 | Kieser Training B1 | 10 km | 01:02:32 |
| 12 | 12 | | Janssen | Heere | M 55 | 1 | Berliner Turnerschaft | 10 km | 00:40:35 |
| 27 | 24 | | Ladwig | Marcus | M 55 | 2 | KSV 90 Pankow | 10 km | 00:44:59 |
| 28 | 25 | | Röpstorf | Peter | M 55 | 3 | Berlin | 10 km | 00:45:02 |
| 46 | 41 | | Zickermann | Frank | M 55 | 4 | Berlin | 10 km | 00:47:12 |
| 53 | 47 | | Maier | Armin | M 55 | 5 | Jelly Bears Berlin | 10 km | 00:48:03 |
| 58 | 51 | | Dölling | Jörg | M 55 | 6 | Vs Teltow | 10 km | 00:48:46 |
| 72 | 62 | | Hübner | Egbert | M 55 | 7 | Kieser Training B1 | 10 km | 00:52:29 |
| 76 | 63 | | Rämisch | Bertold | M 55 | 8 | LC RON-HILL Berlin | 10 km | 00:53:15 |
| 78 | 64 | | Pohl | Wolfgang | M 55 | 9 | Sport Factory | 10 km | 00:53:32 |
| 82 | 65 | | Schlegel | Harri | M 55 | 10 | Berlin | 10 km | 00:54:01 |
| 94 | 73 | | Jäger | Winfried | M 55 | 11 | LC RON-HILL Berlin | 10 km | 00:56:10 |
| 95 | 74 | | Petri | Guenter | M 55 | 12 | Berlin | 10 km | 00:56:56 |
| 106 | 81 | | Hoffmann | Wolfgang | M 55 | 13 | teamwadenkrampf | 10 km | 01:00:12 |
| 116 | 86 | | Drechsel | Klaus-Peter | M 55 | 14 | SMAider | 10 km | 01:04:54 |
| 126 | 90 | | Henzel | Alexander | M 55 | 15 | berlin | 10 km | 01:08:00 |
| 49 | 44 | | Müller | Paul | M 60 | 1 | VfL Tegel | 10 km | 00:47:44 |
| 65 | 56 | | Neymanns | Werner | M 60 | 2 | Satzherstellung Neymanns | 10 km | 00:49:57 |
| 108 | 83 | | Polcuch | Konrad | M 60 | 3 | KSV 90 Pankow | 10 km | 01:01:24 |
| 109 | 84 | | Tappe | Dieter | M 60 | 4 | DAV Alpinclub | 10 km | 01:02:03 |
| 59 | 52 | | Köhnke | Wilfried | M 65 | 1 | Polizei SV Berlin | 10 km | 00:48:57 |
| 85 | 67 | | Michalk | Jürgen | M 65 | 2 | SG BMF 07/Die Laufpartne | 10 km | 00:54:48 |
| 91 | 70 | | Hesse | Norbert | M 65 | 3 | BSG Berliner Sparkasse | 10 km | 00:55:09 |
| 96 | 75 | | Kothlow | Michael | M 65 | 4 | LG Nord Berlin | 10 km | 00:57:04 |
| 98 | 76 | | Maier | Frank E. | M 65 | 5 | BSG Berliner Sparkasse | 10 km | 00:58:27 |
| 105 | 80 | | Schwitalla | Joachim | M 65 | 6 | Berlin | 10 km | 00:59:20 |
| 107 | 82 | | Pfaffinger | Bernd | M 65 | 7 | VfL Lichtenrade | 10 km | 01:00:54 |
| 121 | 89 | | Monath | Walter | M 65 | 8 | Berlin | 10 km | 01:05:47 |
| 55 | 49 | | Troescher | Dietmar | M 70 | 1 | LT Bernd Hübner | 10 km | 00:48:17 |
| 89 | 69 | | Hallas | Günter | M 70 | 2 | LG Nord Berlin | 10 km | 00:54:57 |
| 101 | 78 | | Beyer | Konrad | M 70 | 3 | TuS Neukölln Berlin | 10 km | 00:58:47 |
| 120 | 88 | | Schmidt | Manfred | M 70 | 4 | LT Bernd Hübner | 10 km | 01:05:32 |
| 104 | 79 | | Schellenberg | Hans-Georg | M 75 | 1 | Berlin | 10 km | 00:59:10 |
| 129 | 91 | | Schulze | Horst | M 80 | 1 | PSV Ahorn | 10 km | 01:26:21 |
| 15 | | 1 | Jakschik | Mareike | WHK | 1 | LG Süd Berlin | 10 km | 00:42:04 |
| 51 | | 6 | Mettke | Friderike | WHK | 2 | Potsdamer Laufclub | 10 km | 00:47:50 |
| 122 | | 33 | Schupp | Eva | WHK | 3 | TOVN | 10 km | 01:05:53 |
| 15 | | 1 | von Dietman | Lena | W 30 | 1 | LG Süd Berlin | 10 km | 00:42:04 |
| 35 | | 4 | Kostadinovic | Jennifer | W 30 | 2 | Berlin | 10 km | 00:45:30 |
| 57 | | 7 | Tanneberger | Diana | W 30 | 3 | Die Laufpartner | 10 km | 00:48:46 |
| 71 | | 10 | Dospil | Carolyn | W 30 | 4 | Berliner Turnerschaft | 10 km | 00:52:27 |
| 77 | | 14 | Geiger | Ulrike | W 30 | 5 | Berlin | 10 km | 00:53:22 |
| 117 | | 31 | Auber | Christie | W 30 | 6 | Die Laufpartner | 10 km | 01:05:29 |
| 124 | | 35 | Kroy | Juliane | W 30 | 7 | Berliner Turnerschaft | 10 km | 01:07:25 |

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|-------|-----|-----|-------------|-----------|------|------|------------------------|--------|----------|
| 128 | | 38 | Fehr | Marianna | W 30 | 8 | AlMa Berlin | 10 km | 01:20:30 |
| 44 | | 5 | Monath | Vanessa | W 35 | 1 | Berlin | 10 km | 00:47:06 |
| 113 | | 28 | Gekel | Isabella | W 35 | 2 | SCC Berlin | 10 km | 01:02:38 |
| 22 | | 3 | Barthels | Saida | W 40 | 1 | LG Süd Berlin | 10 km | 00:43:55 |
| 64 | | 9 | Gomoll | Ilka | W 40 | 2 | LC RON-HILL Berlin | 10 km | 00:49:53 |
| 79 | | 15 | Freese | Ada | W 40 | 3 | SG Steglitz | 10 km | 00:53:42 |
| 80 | | 16 | Germeyer | Wiebke | W 40 | 4 | BSG Berliner Sparkasse | 10 km | 00:53:44 |
| 74 | | 12 | Günnewig | Katja | W 45 | 1 | LG Süd Berlin | 10 km | 00:52:57 |
| 81 | | 17 | Kliem | Anita | W 45 | 2 | KSV 90 Pankow | 10 km | 00:53:57 |
| 86 | | 19 | Krögler | Bettina | W 45 | 3 | BSG Berliner Sparkasse | 10 km | 00:54:48 |
| 102 | | 24 | Hanse | Irmgard | W 45 | 4 | LG Nord Berlin | 10 km | 00:58:54 |
| 103 | | 25 | Hille | Marita | W 45 | 5 | Berliner Turnerschaft | 10 km | 00:58:55 |
| 114 | | 29 | Fourier | Bianca | W 45 | 6 | Berlin | 10 km | 01:02:51 |
| 62 | | 8 | Resplandy | Ghislaine | W 50 | 1 | Berlin | 10 km | 00:49:32 |
| 97 | | 22 | Möhr | Andrea | W 50 | 2 | LG Mauerweg Berlin | 10 km | 00:57:42 |
| 99 | | 23 | Schönemann | Barbara | W 50 | 3 | Besser gehts nicht | 10 km | 00:58:30 |
| 112 | | 27 | Betrancourt | Sabine | W 50 | 4 | Teamwork Berlin e.V. | 10 km | 01:02:37 |
| 115 | | 30 | Dietrich | Verena | W 50 | 5 | Berliner Turnerschaft | 10 km | 01:04:36 |
| 83 | | 18 | Rintisch | Gudrun | W 55 | 1 | LG Nord Berlin | 10 km | 00:54:11 |
| 88 | | 20 | Röpstorf | Jewgeniya | W 55 | 2 | Berlin | 10 km | 00:54:56 |
| 110 | | 26 | Heyd | Sigrid | W 55 | 3 | SCC Run-Schleicher | 10 km | 01:02:24 |
| 75 | | 13 | Polcuch | Marion | W 60 | 1 | KSV 90 Pankow | 10 km | 00:53:02 |
| 119 | | 32 | Pfaffinger | Annemarie | W 60 | 2 | VfL Lichtenrade | 10 km | 01:05:32 |
| 127 | | 37 | Kraschewski | Helga | W 60 | 3 | Kieser Training B1 | 10 km | 01:09:22 |
| 123 | | 34 | Schmidt | Sigrid | W 65 | 1 | LT Bernd Hübner | 10 km | 01:05:53 |
| 125 | | 36 | Dubois | Edith | W 70 | 1 | WIB-LT | 10 km | 01:07:52 |